

Leadership programme for women in business



Right
Point
Global

What makes this programme unique?

The delivery team on the programme are a diverse team of experts, specialising on a range of key leadership topics. You will benefit from a wealth of combined experience from our team, that ensures a fully rounded approach. Our virtual group sessions are highly interactive with many opportunities to ask questions, engage and learn from other female leaders on the programme as well as the experts themselves.

Together, we will look at all the different aspects of being a successful and inspiring leader including:

- Learn how to adopt a 'Leader's mindset'
- Explore your natural strengths and Authentic Leadership
- Confidence, Assertiveness and Communication
- How to make your hormones work for you as a female leader
- Embrace your emotions and build resilience
- Navigate challenging work environments
- Focus on your Wellbeing and self-care

6 week programme with 90-minute group sessions every Tuesday evening from 20.00 – 21.30 CET (please check your time zone). Pre-work, tools and techniques are also included in the programme.

Tuesday February 27th until Tuesday April 2nd



Modules Overview

- Introduction and Leaders Mindset - Claire Corbett - February 27th
- Leading with Power and Presence - Patricia Byron - March 5th
- Engaging Emotions at Work - Holly Roberts - March 12th
- Harness your Hormones - Pleun Andriessen - March 19th
- Overcoming Gender Bias at Work - Anna Stando - March 26th
- Wellbeing and Self-Care for Leaders - Philine Chucri & Claire Corbett - April 2nd



Modules Descriptions



Module One - Introduction and Leaders Mindset with Claire Corbett / Tuesday February 27th 2024

Ever wonder what makes an effective female leader, who takes challenges, feedback and pressure all in her stride? Have you ever found yourself taking feedback too personally and spent hours or days ruminating over situations that happened at work?

There is one key ingredient that successful leaders (both male and female) possess and that is a 'leaders' mindset, also referred to as a 'growth mindset'

The good news is that we can cultivate a growth mindset in our leadership roles by building awareness about our reactions, knowing our triggers, creating new thought patterns and learning new tools to put a growth mindset into practice every day. A female leader who embraces a leaders growth mindset understands that ongoing learning and improvement are critical to achieving success.

In this module, we will explore what this mindset is all about and how to practice this mindset, even when you are pressurised. These types of leaders actively seek feedback, encourage collaboration, and are open to new ideas, fostering a culture of innovation and adaptability that drives the organization forward.



Modules Descriptions



Module Two - Leading with Power and Presence with Patricia Byron / Tuesday March 5th

Have you ever been curious about the difference between “Leadership” and “Management”? In this module, our leadership expert, Patricia Byron, will help you identify what leading as a female actually entails.

You will learn the most effective ways to harness your feminine leadership qualities that are authentic to you, versus what you think you’re supposed to be. As a group of female leaders, you will explore your strengths and uniqueness, learn how to be your own best champion and how to be your own best advocate. At the end of this module with Patricia, you will experience more clarity around what it takes to be an effective and authentic leader. In addition, you will experience a boost in confidence and be ready to move forward with a new sense of deep knowing.

Presence and Power is about how we see ourselves and how we show up to our colleagues. When we are confident, genuine and authentic in our leadership style, this builds trust and a sense of ease in how we communicate, react and navigate the landscape of our careers as female leaders.



Modules Descriptions



Module Three - Engaging Emotions at Work with Holly Roberts / Tuesday March 12th 2024

How connected do you feel to your emotions at work? How easily can you access your emotions and articulate them to others? Do you sometimes find yourself hiding, controlling or denying your emotional experience in order to show up as the leader you think others need to see?

In this module we will co create a safe space in which we will take a deep dive into the world of emotions. You will develop a deeper understanding of what they are, why they show up and how you can learn from them. We will look at the six principles of emotions and explore coaching tools and activities designed to help create greater self awareness and emotional literacy.

We will look at the relationship between beliefs, emotions and values and develop empowering emotional narratives that move us beyond limiting behaviours. The objective is to help you to develop your relationship with your emotions, so you can harness their power to find confidence, alignment and to overcome unwanted feelings of imposter syndrome and overwhelm. This will be a space in which to reflect and process your emotional experience so that you can build self awareness, embrace and connect to chosen emotions, build resilience and tap into courage.



Modules Descriptions



Module Four - Harness your Hormones & Be a Stronger Leader with Pleun Andriessen / Tuesday March 19th

As women in business, we are expected or made to stay quiet about that thing that is so central to our existence; our hormonal system and our menstrual cycle. We are expected to keep the personal private. We are supposed to power through any suffering and discomfort, and keep its existence and the impact of our cycles on our daily life invisible.

The truth is, we cannot disguise it without negative consequences, nor should we. Bringing our cycles and its impact to the surface can actually help us. Our hormonal system influences our daily moods, energy levels, focus and productivity. This means that our cycles offer us tools we can use in our business.

In this module, you will learn about the hormonal system, explore the different seasons of our menstrual cycles, and how these can actually support you in becoming the leader you want to be.

You will walk away with your personal hormonal map, and learn how the strengths of your cycle will help you become the leader you want to be.



Modules Descriptions



Module Five - Overcoming Gender Bias at Work **with Anna Stando / Tuesday March 26th 2024**

Have you ever found yourself facing colleagues who question your expertise or condescendingly explain things to you? Have you experienced being passed over for promotions under the pretext of “not being ready yet”, only to have your ideas later echoed and praised when voiced by a male colleague?

Women navigating the workplace often find themselves compelled to go to great lengths to validate their skills and experience, while men frequently get promoted based on potential alone. Because of deeply rooted gender biases, women are often underestimated and undermined, making it harder for them to advance into leadership roles.

In this session, we’ll discuss performance bias, how it manifests itself at work, and most crucially, what you can do to reduce its impact on your career. You will learn how to get the recognition you deserve at work, empowering you to realize your full potential and craft a fulfilling career that aligns with your passions.



Modules Descriptions



Module Six - Boost your Wellbeing and Thrive with Philine Chucri / April 2nd 2024

Investing in our wellbeing is more important than ever in today's fast paced and demanding work environment. You know that already. But you just don't have time for self-care. And even if you squeeze in a morning run before the first meeting or a workout during lunch break, your guilt creeps in for missing time at work.

What if it's time to rewrite these stories, to redefine your relationship with self-care and productivity? What if you could embrace a new way of thinking and a smarter way of working, that not only enhances your own wellbeing, but also fuels your professional life with newfound energy?

In this final module, we'll recognise real self-care (vs. faux self-care) as a mindset. We will explore how you can practice authentic self-care, in line with your unique needs and preferences, to unleash your full potential and grow into an authentic, confident and inspiring leader.

Meet your Experts



Claire Corbett - Our founder & CEO

Claire has been a corporate leader for 20+ years in a range of challenging industries around the world. She is regularly invited as a guest speaker and delivers leadership offsites and workshops to senior leaders worldwide. Claire and her expert team will accompany you on your journey to become not only a more effective leader but one who builds on her strengths and innate talents and abilities.



Patricia Byron - Leadership Specialist & Executive Coach

Patricia Byron, an Executive & Wellbeing Coach, Women in Leadership Champion and Transformational Change Facilitator, will join us to provide her insight and experience from a 20-year career in the Financial Services industry. Patricia isn't afraid to ask difficult questions to get you to think and challenge yourself in new and inspiring ways.



Holly Roberts - Career and Emotions Coach

Holly is an EMCC accredited career and transitions coach with expertise in expatriation and working with emotions. She is passionate about supporting you to tap into your true self and your emotions in order to create greater alignment in your professional and personal life. Her mission on our programme is to create a space in which you feel seen, heard, understood and present.

Meet your Experts



Pleun Andriessen

Pleun is an experienced facilitator, learning designer and accredited menstrual cycle awareness coach. Her business operates in alignment and strengths of her menstrual cycle and hormones. Pleun brings well informed, practical yet sustainable methods to implementing the strengths of your hormones into your day to day business and leadership skills.



Anna Stando

Anna Stando is a Diversity & Inclusion trainer and consultant, specializing in guiding companies towards achieving gender equality within their organizations. Her expertise includes inclusive leadership, navigating unconscious bias, and fostering allyship in the workplace. Anna serves as the Co-Leader of Lean In Network Switzerland, helping women to overcome gender bias and empowering them with the skills to cultivate fulfilling careers. Prior to this role, she held the position of Relations Manager at Advance, where she supported Swiss-based companies on their journey towards creating more inclusive and gender-equitable workplaces.



Philine Chucuri

Philine Chucuri is a Wellbeing and Mindset Coach who supports leaders to help them manage overwhelm, increase their wellbeing through authentic self-care, and thrive in their personal and professional life. Philine is known for her empathetic and kind approach to coaching her clients.